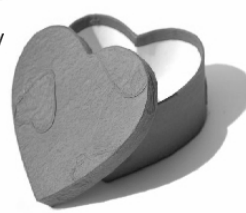



SUN	MON	TUE	WED	THU	FRI	SAT
	<p><i>Staff Code:</i> C - Christina J - Jean SS - Susan SB - Sarah S - Staff BA - Barbara Ann OA - Outside Agency RL - Resident Lead R - Rick M - Mike JL - Jenn L. WW - Wendy</p> <p>DJ - Doug J. LO - Lori O. T - Trudy MM - Mary</p>  <p><i>Location Code</i> ED - Education Center IL3 - IL Lounge 3rd floor GR - Game Room ILK - IL Kitchen LR - IL Living Room TR - Traditions Restaurant ILE - IL Entrance ALE - AL Entrance ALC - AL Common Area ALD - AL Dining Room ALA - AL Activities ALL - AL Lounge 1st floor MC - Memory Care</p>	<p>9:30 Chair Exercise RL-ED <b>1</b></p> <p>9:30 Shopping M-ILE</p> <p>1:00 Bible Study RL-ALC</p> <p>1:00 Fall Prevention BA-ED</p> <p>3:00 Craft &amp; Chat Circle C-ALC</p>	<p>Groundhog Day <b>2</b></p> <p>9:30 Chair Exercise RL-ED</p> <p>1:00 Wii Golf C-ED</p> <p>1:30 Alz. Support Group R-MC</p> <p>2:30 Short Stories C-ALL</p> <p>4:30 Happy Hour S-TR</p> <p>7:00 Movie: The Terminal RL-ED</p>	<p>9:30 Chair Exercise RL-ED <b>3</b></p> <p>9:55 Chair Yoga RL-ED</p> <p>10:00 Oil Painting DJ-ILK</p> <p>1:00 Baking J-ALA</p> <p>1:00 Mah Jong RL-GR</p> <p>1:15 Sr. Swim OA-ILE</p> <p>3:00 High Tea J-ALC</p>	<p>9:30 Chair Exercise RL-ED <b>4</b></p>	
<p>11:00 Rotary Brunch OA-TR <b>5</b></p> <p>1:30 Staff Choice S-ALC</p> <p>6:00 Superbowl Dinner Party S-ED</p> <p>7:30 Bingo w/ Susan SS-TR</p>	<p>9:30 Chair Exercise RL-ED <b>6</b></p> <p>1:00 Bridge RL-GR</p> <p>3:00 High Tea S-LR</p>	<p>9:30 Chair Exercise RL-ED <b>7</b></p> <p>10:30 A.M. Program J-ALA</p> <p>1:00 Watercolor MR-ILK</p> <p>4:00 Stretch &amp; Sculpt WW-ED</p> <p><b>4:00 Harmonica Concert J-TR</b></p> <p>6:00 Movie: Secretariat S-ALC</p> <p>7:00 Wii Bowling RL-ED</p>	<p>9:30 Chair Exercise RL-ED <b>8</b></p> <p>9:30 Shopping M-ILE</p> <p>1:00 Bible Study RL-ALC</p> <p>3:00 Craft &amp; Chat Circle C-ALC</p>	<p>9:30 Chair Exercise LIVE! JL-ED <b>9</b></p> <p>10:30 Fitness Class JL-ALC</p> <p>1:00 Wii Golf C-ED</p> <p>2:30 Short Stories C-ALL</p> <p>4:30 Happy Hour S-TR</p> <p>7:00 Movie: 84 Charing Cross Road RL-ED</p>	<p>9:30 Chair Exercise RL-ED <b>10</b></p> <p>9:55 Chair Yoga RL-ED</p> <p>10:00 Oil Painting DJ-ILK</p> <p>1:00 Baking J-ALA</p> <p>1:00 Mah Jong RL-GR</p> <p>1:15 Sr. Swim OA-ILE</p> <p>3:00 High Tea J-ALC</p>	<p><b>8:00 Valentines Day Breakfast S-TR</b> <b>11</b></p> <p>9:30 Chair Exercise RL-ED</p> <p>3:00 Bingo LO-ALD</p>
<p>1:30 Staff Choice S-ALC <b>12</b></p> <p>7:00 Wii Bowling SB-ED</p>	<p>9:30 Chair Exercise RL-ED <b>13</b></p> <p>1:00 Bridge RL-GR</p> <p>3:00 High Tea S-LR</p>	<p>Valentine's Day <b>14</b></p> <p>9:30 Chair Exercise RL-ED</p> <p>10:30 A.M. Program J-ALA</p> <p>1:00 Watercolor MR-ILK</p> <p>4:00 Stretch &amp; Sculpt WW-ED</p> <p>6:00 Movie: It Happened One Night S-ALC</p> <p>7:00 Wii Bowling RL-ED</p>	<p>9:30 Chair Exercise RL-ED <b>15</b></p> <p>9:30 Shopping M-ILE</p> <p>1:00 Bible Study RL-ALC</p> <p>3:00 Craft &amp; Chat Circle C-ALC</p> <p><b>6:00 Ken Held, Musician J-ALD</b></p>	<p>9:30 Chair Exercise RL-ED <b>16</b></p> <p>10:30 Fitness Class JL-ALC</p> <p>1:00 Wii Golf C-ED</p> <p>2:00 Methodist Worship OA-TR</p> <p>2:30 Short Stories C-ALL</p> <p>4:30 Happy Hour S-TR</p> <p>7:00 Movie: The Visitor RL-ED</p>	<p>9:30 Chair Exercise RL-ED <b>17</b></p> <p>9:55 Chair Yoga RL-ED</p> <p>10:00 Oil Painting DJ-ILK</p> <p>1:00 Baking J-ALA</p> <p>1:00 Mah Jong RL-GR</p> <p>1:15 Sr. Swim OA-ILE</p> <p>3:00 High Tea J-ALC</p>	<p>9:30 Chair Exercise RL-ED <b>18</b></p>
<p>1:30 Staff Choice S-ALC <b>19</b></p> <p>7:30 Bingo w/ Susan SS-TR</p>	<p>Presidents Day <b>20</b></p> <p>9:30 Chair Exercise RL-ED</p> <p>1:00 Bridge RL-GR</p> <p>3:00 High Tea S-LR</p> <p><b>4:30 Claire Beetlestone Storyteller C-LR</b></p>	<p>9:30 Chair Exercise RL-ED <b>21</b></p> <p>10:30 A.M. Program J-ALA</p> <p>12:00 Birthday Potluck C-TR</p> <p>1:00 Watercolor MR-ILK</p> <p>4:00 Stretch &amp; Sculpt WW-ED</p> <p>6:00 Movie: Jane Eyre S-ALC</p> <p>7:00 Wii Bowling RL-ED</p>	<p>Ash Wednesday <b>22</b></p> <p>9:30 Chair Exercise RL-ED</p> <p>9:30 Shopping M-ILE</p> <p>1:00 Bible Study RL-ALC</p> <p>3:00 Craft &amp; Chat Circle C-ALC</p>	<p>9:30 Chair Exercise LIVE! JL-ED <b>23</b></p> <p>10:30 Fitness Class JL-ALC</p> <p>1:00 Wii Golf C-ED</p> <p>1:00 Book Club RL-IL3</p> <p>2:30 Short Stories C-ALL</p> <p>4:30 Happy Hour S-TR</p> <p>7:00 Move: Coal Miner's Daughter RL-ED</p>	<p>9:30 Chair Exercise RL-ED <b>24</b></p> <p>9:55 Chair Yoga RL-ED</p> <p>10:00 Oil Painting DJ-ILK</p> <p>1:00 Baking J-ALA</p> <p>1:00 Mah Jong RL-GR</p> <p>1:15 Sr. Swim OA-ILE</p> <p>3:00 High Tea J-ALC</p>	<p>9:30 Chair Exercise RL-ED <b>25</b></p> <p>3:00 Bingo LO-ALD</p>
<p>1:30 Staff Choice S-ALC <b>26</b></p> <p>2:00 Wine Tasting OA-TR</p> <p>7:00 Wii Bowling SB-ED</p>	<p>9:30 Chair Exercise RL-ED <b>27</b></p> <p>1:00 Bridge RL-GR</p> <p>3:00 High Tea S-LR</p>	<p>9:30 Chair Exercise RL-ED <b>28</b></p> <p>10:30 A.M. Program J-ALA</p> <p>12:45 AL Res. Council C-ALD</p> <p>1:00 Watercolor MR-ILK</p> <p>4:00 Stretch &amp; Sculpt WW-ED</p> <p>6:00 Movie: Music Man S-ALC</p> <p>7:00 Wii Bowling RL-ED</p>	<p>9:30 Chair Exercise RL-ED <b>29</b></p> <p>9:30 Shopping M-ILE</p> <p>1:00 Bible Study RL-ALC</p> <p>3:00 Craft &amp; Chat Circle C-ALC</p>	<p><b>Wellness Center Orientations</b></p>  <p><i>Fridays at 10:00 am by appointment sign up at the reception desk</i></p>		

# February 2012

607.267.4013 / cwood@plainsatparish.com

